

BSPS Firm to fill the dreams of Nitin Bhai: Gangesh Dwivedi

His father RK Choubey, family members and all the major journalists of the capital attended the condolence meeting

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Scribe sudden death mourn journalist across the country with pouring in condolences for the peace of the soul of late journalist Nitin Choubey, who left abode after a severe heart attack a few days ago.

State General Secretary of Bharti Shramjeevi Patrakar Sangh Gangesh Dwivedi has said that we were living the dreams of late state president Nitin Choubey ji together. His dream was that any person whose livelihood is related to news is our brother, we have to participate selflessly in his and his family's happiness and sorrow. We all should continuously strive together in this task. Shri Dwivedi said that now Bharti Shramjeevi Patrakar Sangh will take these dreams forward. A condolence meeting was organized at the Press Club of the capital Raipur today at around 1.30 pm on the occasion of the sudden demise of late journalist Nitin Choubey. His father RK Choubey,

family members and all the major journalists of the capital participated in the condolence meeting. Dwivedi said that he wanted to start his talk with the statement of senior journalist Anil Pusadkar ji in which he had said that Nitin had taken up journalism as a profession. This concern of Nitin was visible in most of the discussions that took place between him and Nitin bhai. He would explain to Nitin bhai many times that there was no need to be so serious, but Nitin did not listen. I will tell you the reason for this. Nitin bhai had taken up journalism because he considered journalists as his community. He had mentioned this in many events. Journalism was his community, beyond the differences of caste, religion, language, gender etc. We are fortunate that for the last two years we were living this ideal with him. All of colleagues of the organization were ready to follow his instructions in one voice, standing shoulder to shoulder. Referring



to the last conversation with Choubey, BSPS State General Secretary Shri Dwivedi said that we had spoken to Nitin bhai on 4th October at 11:50. We were all preparing for the national conference to be held in Ranchi. In this context, we were to meet the state government minister Tankaram Verma ji. After this, Nitin bhai's phone rang at around 12:30. We thought that his puja was over, he would call to get further update, but Bhabhi's voice echoed on the mobile, Bhaiya Nitin's health is very bad, all of you reach Medicine Hospital. We left everything and rushed towards the hospital. While going to the hospital,

everyone was hopeful that he would soon recover and return home. But after reaching there, the situation changed, whoever heard it was stunned. It took us a long time to believe that Nitin bhai is no more.

National conference postponed: BSPS state vice president Sukhmandan Banjare also shared his memories with Choubey. He also informed that the national executive of Bharti Shramjeevi Patrakar Sangh has postponed the national conference for the time being. The next date will be announced soon. The national executive of Bharti Shramjeevi Patrakar Sangh will also come on the thirteenth day of



Shri Choubey i.e. on 17 October. On this occasion, a condolence meeting will be organized by BSPS in the auditorium of Press Club Raipur.

Nitin Bhaiya should fulfill his dreams – Brijesh Choubey: Former President of Press Club Brijesh Choubey said that Nitin Choubey strengthened the foundation of Bharti Shramjeevi Patrakar Sangh in the last two years. Through his organization, he made a place in the hearts of journalist colleagues. He was always ready to help other colleagues associated with journalism. He started the tradition of giving money on behalf of the organization. Even a small help is enough

in difficult times. It is expected that the office bearers of the organization will continue this tradition.

Nitin Bhaiya played an important role in my victory: Prafull Thakur: Press Club President Prafull Thakur said that Nitin Bhaiya played an important role in my becoming the Press Club President. He used to take guidance from him continuously. That day too, he had spoken to Nitin ji for the last time at 10:30 in the morning. There was an event of the Press Club that day. Mr. Choubey had said that he would not be able to attend the event due to his busy schedule. But when

the news of his departure came after a few hours, no one could believe it. Many plans were discussed with him.

I could not stop my feelings and cried while hugging her: Vaibhav

Shiv Pandey: Press Club General Secretary Vaibhav Shiv Pandey, while referring to the incident of the last darshan, said that he had an emotional bond with Shri Choubey ji. He always met with a smile, but was very serious about journalism. Very few people loved those younger than him as much as he did. On 4 October, when he got the information about his sudden death, he went to the hospital to see him. When he saw his unconscious state, he could not stop himself and hugged him and cried profusely. News 24 editor Manoj Baghel, TRP editor Uchit Sharma, Swaraj Express chief Anshuman Sharma, Misaal Magazine and Digital Media head Aniruddh Dubey and Anil Pawar also shared their memories related to Shri Choubey at the condolence meeting. On this occasion Press Club treasurer Raman Halwai, joint secretary Tripti Soni, Arvind Sonwani, BSPS state secretary Kamlesh Rajput, Javed Ali Zaidi, coordinator Pawan Singh Thakur, Vicky Panjwani, joint secretary Santosh Mahanand, executive members Om Prakash Chandrakar, Shiv Shankar Pandey, district general secretary Nadeem Memon, vice president Shubham Verma, treasurer Amit Bagh, coordinator Lavinder Singh Singhota, Tajin Naz, secretary Ambika Mishra, Khushboo Thackeray, Ali Ahmed, Ajay Singh Raghuvanshi, spokesperson Siddharth Dev, Prem Nirmalkar, Sunil Jaiswal, Ajay Shrivastava, Lalluram Don't Com editor Ashish Tiwari, Girish Kesharwani, Mukesh Verma, Thakur Ram Sahu, Kisan Lokhande and other journalist colleagues were present.

MS College to start Graduate Level Mid Term Examination from October 15

» Entry with any type of electronic device in the examination hall will be prohibited - Principal

» The detailed schedule of the exam can be seen on the official website mscollege.net

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MOTIHARI : As per the instructions of BRA Bihar University, the mid-term examination of BA/BSc/B.Com First Semester, Session- 2024-2028 will be conducted in Munshi Singh College of the city from 15.10.2024 to 20.10.2024.

The detailed program of the said examination can be seen on the official website of Munshi Singh College mscollege.net. Attendance of students in the examination is mandatory. In case of absence, students



will not be given a second chance. It is mandatory for the students to bring the identity card issued by the college to appear in the examination. Students who have not yet received the identity card should come to the college and make sure to get the identity card from the department related to their major subject. Entry with any type of electronic device (mobile, smart watch etc.) in the examination building will be prohibited. If caught with any type of electronic

device during the examination, the students will be expelled from the examination as well as disciplinary action will be taken against them.

College's media in-charge Dr. Gaurav Bharti on behalf of Principal of Munshi Singh College, Prof. Mrigendra Kumar shared all this with BNM

Half a dozen cyber cafes scanned after cyber extortion report

ADSO conducted investigation in Kesaria

BNM@KESARIA

A case of illegal extortion by some cyber cafe operators in the locality in line of making new ration cards, adding names and other related works has come to light. The operators is alleged to have indulged in this nefarious activities and extorting people by giving them false promise of getting the card made immediately after the application. Assistant District Supply Officer Sunil Kumar came to know about this matter when he was visiting Dhekhan Panchayat on Tuesday and gathered information related to ration distribution from the beneficiaries. After the matter came to his notice, he informed Chakia SDO Shivani Shubham about this. After which, on the instructions of the SDO, the Assistant District Supply Officer, with the help of the police, inspected about half a dozen cyber cafes located in Kesaria. However, during the investigation, the beneficiaries who came to apply for making ration cards in the cafe were not found. The Assistant District Supply Officer, while instructing all the concerned cyber cafe operators, said that if any



Case of taking two to three thousand rupees in the name of making ration card

complaint of illegal collection is received from any beneficiary for making ration cards and if the matter is found to be true, action is certain. He told that ration cards are being made free of cost. No fee of any kind is to be paid in this. He said that information was received from the beneficiaries of the area that some cyber cafe operators are demanding two to three thousand rupees for making a new ration card and adding names. Appealing to the people, he said that if there is any such complaint, then inform with evidence. Strict action will be taken against the concerned cyber cafe operators. Meanwhile, this action has created panic among the cyber cafe operators of the area.

Seek expert advice for bone disease to understand condition and create a tailored plan- Dr Manoj

Dr. Manoj Kumar Singh, a renowned orthopedic doctor in Motihari, emphasizes the importance of consulting a specialist and developing a personalized strategy for living a pain-free life with arthritis. As the founder of Pragati Cure and Care Hospital, a multi-specialty trauma and sports injury center, Dr. Singh has earned a reputation for his exceptional skills. The crux of his advice-



digestible nutritious food in your diet. You can also take calcium tablets if needed.

Q.2 Complaints of back pain, neck pain and shoulder pain are seen in most people. Which deficiencies cause this problem and what are the remedies to avoid it?

Ans.- The causes of back pain, neck and shoulder pain are working on a chair for long hours, using computer, laptop and mobile continuously and lack of nutrients in food etc. To avoid this, wear loose clothes and exercise regularly. Take ample sleep and drink a sufficient amount of water. Include calcium based food in your diet.

Avoid fast food. Drinking milk mixed with turmeric or honey daily will be beneficial.

Q.3 Most people complain of bone pain during the winter season. Cause and diagnosis?

Ans- Due to the fall in the temperature of the environment during winters, some biological changes always take place in the body due to which the nerves shrink and the pain



increases. Morning walk and light exercise provide warmth to the joints. If possible, use lukewarm water for bathing and also drink lukewarm water. Avoid excessive intake of carbohydrates, salt and sugar. It is important to choose vitamin-D, calcium, protein, vitamin-C, green vegetables, greens, fish and nutritious food items.

Q.4 What is the main cause of bone disease like bone Tuberculosis ? How will it be diagnosed and what is the treatment ?

Ans- The main cause of bone TB is TB infection which is caused by infection of a typical mycobacterium. Sudden loss of body weight along with pain, fatigue and fever, night sweats and severe pain in joints and back are the symptoms. For treatment, consult an orthopedic specialist and get treatment.

Q.5 What is the provision for treatment of poor and helpless patients here?

Ans: We have a provision for special discounts in fees and medicines for poor and helpless patients.

ON THE GO'S

Benefits of smart meters explained through street plays



BNM@MOTIHARI: North Bihar Power Distribution Company Limited organized a street play at Bairiya Chowk in Turkaulia of the district under the Smart Meter Awareness Campaign and explained the benefits of smart meters to electricity consumers. These include payment of outstanding amount in easy installments, error-free and easy billing, 3% benefit on recharge, installation of smart meter at zero cost and no security deposit. On this occasion, Gautam Govinda, Electrical Superintendent Engineer, Pradeep Kumar Suman, Electrical Executive Engineer, Rajiv Mishra, Assistant Electrical Engineer, Akhilesh Kumar, Assistant Electrical Engineer, Satendra Tripathi from Secure Agency, Sudhakar Kumar, Gaurav Kumar from Billing Agency along with local public representatives and hundreds of villagers were present.

DDC inspected various schemes in Adapur

MOTIHARI : Deputy Development Commissioner (DDC) Shambhu Sharan Pandey inspected various schemes run by the Rural Development Department in Belwa Panchayat located in Adapur block of the district on Tuesday. On this occasion, district level officials of the Rural Development Department, Director, DRDA, DPO, MNREGA and DC, LSBA along with local officials and villagers were present.



DM and SP inspected various Puja pandals in the city

BNM@Motihari: District Magistrate Saurabh Jorwal, Superintendent of Police Swarn Prabhat, Municipal Commissioner Saurabh Suman Yadav, Sub-Divisional Officer Sadar inspected various Puja pandals located in Motihari city on Tuesday evening. During this, the President/Secretary of the Puja Committee were met and information was taken about the arrangements made in the Puja Pandals and necessary instructions were given to them.

Surveillance will be done through CCTV cameras and watch towers

Separate exits and entrances will be arranged for men and women



DM and SP after visiting puja pandals in motihari, they left for Chakia and Pipra where the Puja Pandals established in Chakia locality, Sitakund and Pipra were inspected along with the Sub-Divisional Officer Chakia and Sub-Divisional Police Officer, Chakia. During the inspection, necessary instructions related to pandal management were given to the people of the Puja Committee. Especially instructions were given regarding installation of CCTV cameras in all the pandals, arrangement of separate entry and exit gates for men and women as well as safety measures of the Puja Pandals. While returning, the District Magistrate inspected the Puja Pandal established in Jeedhara and also met the people of the Puja Committee and issued all the necessary instructions.